## Welcome!

### Quick Write:

- 1. What do you feel is your biggest strength?
- 2. What would your family list as your strengths?
- 3. What would your friends list as your strengths?

# EXPLORING MY STRENGTHS

Naviance Family Connection <a href="http://connection.naviance.com/sequoiahs">http://connection.naviance.com/sequoiahs</a>

## SESSION #1 - WHAT IS THE STRENGTHS EXPLORER SURVEY?

## **StrengthsExplorer**®

Knowing your strengths and natural talents is the first step in helping you be successful in life.

The **StrengthsExplorer**® is a survey all about **YOU**!

The survey will help you uncover your personal talents and your potential strengths.

When you complete the survey, you will be provided with additional information to help identify your future plans

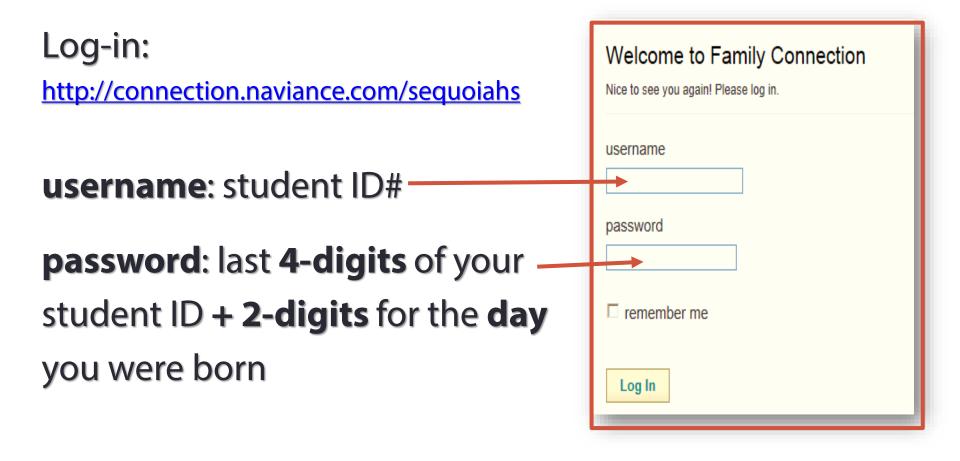
my assessments

> StrengthsExplorer®

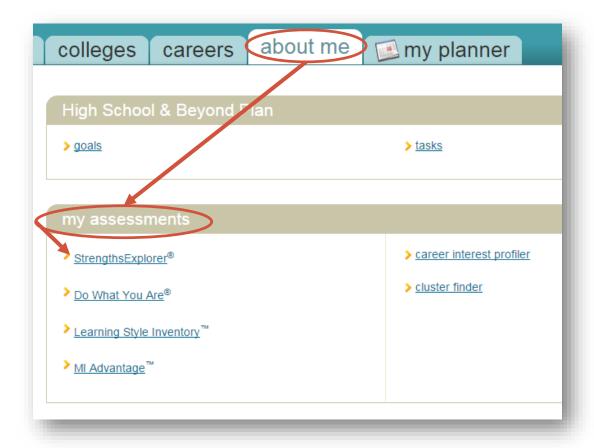
## Important Things to Remember in StrengthsExplorer®

- There will be 78 questions
- You can only take this assessment ONCE! (It can't be reset by school)
- If you do not finish, don't worry... your answers are automatically saved.

## Log-in to Naviance Family Connection

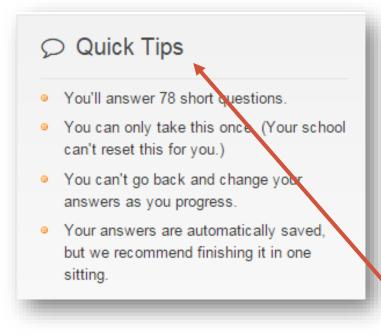


## Strengths Explorer ®



Locate the my assessments section and click the link for StrengthsExplorer ®

## Taking the StrengthsExplorer®



#### StrengthsExplorer® - identify your talents

1. intro

2. take assessment

view results

#### Find out what your talents are:

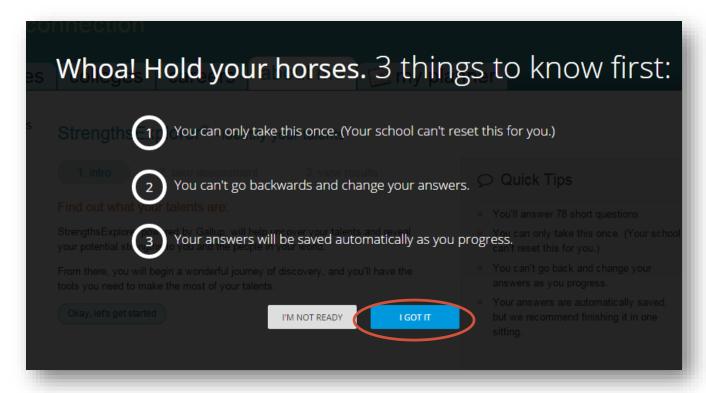
StrengthsExplorer powered by Gallup, will help uncover your talents and reveal your potential strengths to you and the people in your world.

From there, you will begin a wonderful journey of discovery, and you'll have the tools you need to make the most of your talents.

Okay, let's get started

Make sure to read the **Quick Tips** and, when you are ready, click the button to get started.

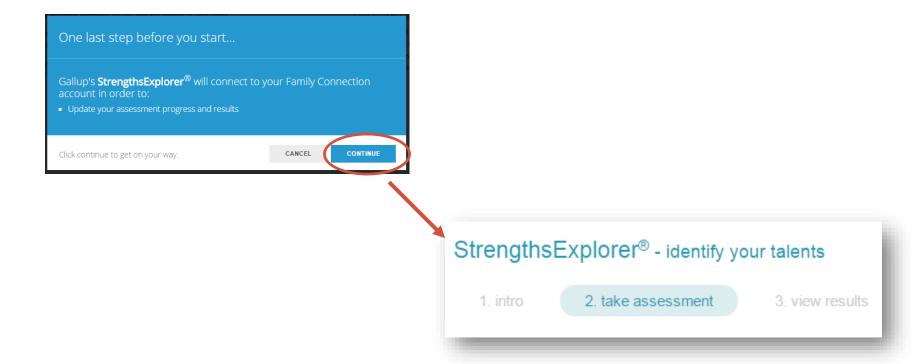
### As a Reminder...



Prior to starting your **StrengthsExplorer** ®, you confirm that you understand three things about the assessment.

When you are ready, click I Got It and begin.

## Start StrengthsExplorer®

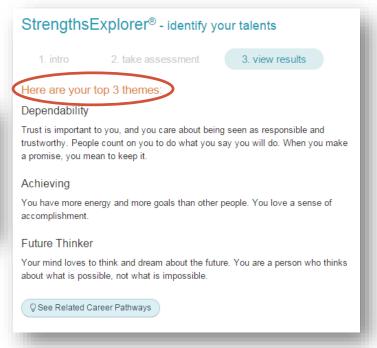


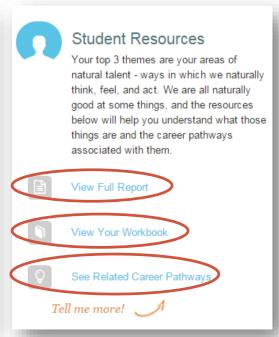
As you begin **StrengthsExplorer** , you will be notified that the assessment will be connected to your Family Connection account. Click **Continue** and you will begin the first question.

## SESSION #2 – VIEWING STRENGTHS EXPLORER RESULTS

## Your Strengths Explorer® Results

Drumroll please... Your talents are being discovered right now. Hang tight for a few seconds!

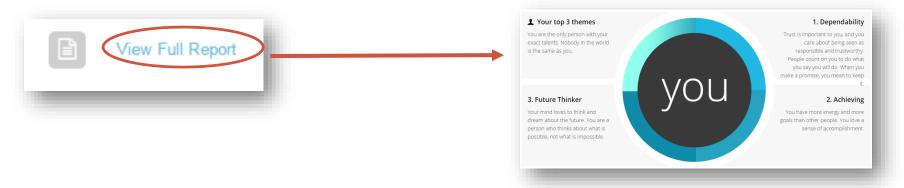




After the **StrengthsExplorer**® survey is completed, you can **view results**.

Your top 3 themes will be identified and you can access your Full Report, Workbook, and Related Career Pathways.

## StrengthsExplorer® Full Report



Theme Details

Here is a complete summary of your themes from **StrengthsExplorer®** 

#### **Action Items**

Complete these items to get maximum benefits from StrengthsExplorer®

The StrengthsExplorer® Full Report describes your personalized three themes at the top.

Scroll down to get the **summary of details** from your report including a list of potential action items.

## See Related Career Pathways



By clicking the link to **See Related Career Pathways**, you will see a detailed list based on <u>your</u> three themes.

For each theme, there will be links to explore possible career pathways.

You can preview the details for each related career and if you choose, you can click the button to **Add this pathway to your list.** 

### Naviance Questions?

If you have any questions, please contact <a href="mailto:naviance@everettsd.org">naviance@everettsd.org</a>. Be sure to provide your name and school.

To check messages sent to you through Naviance Family Connection, login and click the link for your messages on the right-hand side.

To contact your counselor,
click the contact us link.

You have no new messages

document library

contact us